

# MATHEWS LOCAL SCHOOLS

Mathews JR/SR High School September thru December 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Tenders Savory Rice/Roll Side Salad Fruit/Milk	Meat and Cheese Nachos Refried Beans Side Salad Fruit/Milk	Grilled Cheese Tomato Soup Gold Fish Crackers Fruit/Milk	Pizza Burger on Ciabatta Roll Curly Fries Baked beans Fruit/Milk	Sloppy Joes Baked Chips Corn Fruit/Milk
Chicken Fajita Rice Bowl Rice/Black Beans/Cheese/Peppers and onions/Salsa Fruit/Milk	Cheese Quesadilla or Fiestada Pizza Side Salad Refried Beans Fruit/Milk	Mustang Chicken Bowl Potatoes/Chicken/ Corn/Gravy/Cheese Roll Fruit/Milk	Hamburger/Cheese French Fries Green Beans Fruit/Milk	Ranch Chicken Wrap Chicken/Cheese/ Romaine/Ranch Baked Chips Fruit/Milk
Dutch Waffle Tater Tots Sausage Links Fruit/Milk	Walking Taco Dorito's, Meat, Cheese, Lettuce Refried Beans Fruit/Milk	Pasta w/Meatballs Garlic Toast Side Salad Fruit/Milk	Hot Dog Chili/Cheese French Fries Baked Beans Fruit/Milk	Pulled Pork Sandwich Side Mac n' Cheese Green Beans Cookie Fruit/Milk
French Toast Sticks Sausage Links Potato Triangles Fruit/Milk	Soft Taco Meat/Cheese Romaine Fiesta Potatoes Refried Beans Fruit/Milk	Pasta Bar Alfredo Sauce w/Chicken Red Sauce w/Meatballs Side Salad/Garlic toast Fruit/Milk	BBQ Rib Sandwich French Fries Baked Beans Fruit/Milk	Mustang Way Turkey/Cheese Sub w/Fixings Sun Chips Fruit/Milk
General Tso Chicken Savory Rice Oriental Veggie Fortune Cookie Fruit/Milk	Corn Dogs Side Mac n' Cheese Side Salad Fruit/Milk	Salisbury Steak Mashed Potatoes w/gravy/Roll Green Beans Fruit/Milk	Meatball Sub w/Cheese Baked Chips Baked Beans Fruit/Milk	Turkey and Cheese Panini Curly Fries Baby Carrots Fruit/Milk
Chicken Tenders Savory Rice Side Salad Fruit/Milk	Chicken Parmesan Side Pasta Side Salad Fruit/Milk	Mustang Chicken Bowl Potatoes/Chicken/ Corn/Gravy/Cheese Roll Fruit/Milk	Hamburger/Cheese French Fries Baked Beans Fruit/Milk	Ranch Chicken Wrap Chicken/Cheese/ Romaine/Ranch Baked Chips Fruit/Milk
Lasagna Roll Up Garlic Toast Side Salad Fruit/Milk	Walking Taco Dorito's, Meat, Cheese, Lettuce Refried Beans Fruit/Milk	Turkey w/Gravy Mashed Potatoes Green Beans/Roll Fruit/Milk	Chicken Patty Sandwich French Fries Baked Beans Fruit/Milk	Mustang Way Turkey/Cheese Sub w/Fixings Sun Chips Fruit/Milk

NO SCHOOL

MENU SUBJECT TO CHANGE

SEPTEMBER

m	t	w	t	f
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

OCTOBER

m	t	w	t	f
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

NOVEMBER

m	t	w	t	f
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

DECEMBER

m	t	w	t	f
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

## MATHEWS JR/SR HIGH SCHOOL

The main lunch is served every day; A variety of choices are also served daily but not limited to:

Pizza, Chef Salads, Cold Sandwiches

The MEGA lunch consists of the FULL lunch and will receive an extra main entrée for an additional \$1.25

Lunch Prices:

\$2.75

.40 Reduced



Breakfast is served daily, assorted whole grain cereals, pop tarts, pancakes and cereal bars are offered daily along with yogurt, fruit, juice and Milk

Cost at all schools \$1.25/.30 Reduced

Please send in your child's lunch money at the beginning of the week to be applied to their account or put money on the account at MySchoolBucks.com

Free and Reduced Applications are accepted all year. Any questions please contact [Paula.Nowery@mathewslocal.org](mailto:Paula.Nowery@mathewslocal.org) or 330-637-3500 ext. 3011

The weekly menus rotate throughout each month. Refer to the calendars under menu for the rotation schedule.

## What Makes a Lunch?

Select 3-5 Components



One must be a

